Wearing a helmet on your scooter can stop your brain getting badly hurt if you fall off. So follow the simple steps below to make sure you're wearing your helmet properly.

The helmet should be no more than two fingers above your eyebrow.



Adjust the straps under your ears. They should form two 'Vs'.



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For more information about keeping kids safe on the road, at home and at play, visit www.safekids.org.nz

safeki

finger should fit over

the chin strap.

A Safekids New Zealand campaign in partnership with Jetstar.

