



PRINCIPALS MESSAGE

Dear Parents and Caregivers
Kia ora koutou; Ni hao!

CHINESE LANGUAGE WEEK

New Zealand Chinese Language Week is on from 26 September to 02 October, and there are lots of free resources available on www.nzclw.com.

This week is an opportunity to try out some Chinese phrases. The samples given here show how to pronounce the greetings.



ALERT LEVEL 3

We moved to Alert Level 3 on Wednesday and currently have three Bubbles in operation at the school with Distance Learning continuing for those children at home until the end of the Term.

For those of you who fit the essential worker criteria and have no other caregiver options between **MONDAY 27 SEPTEMBER** and **FRIDAY 01 OCTOBER**, please complete the following form <https://forms.gle/QxVe71BAsRULVXVG9>.

At Alert Level 3, it is a requirement that you **MUST** stay within your household bubble. Schools are essentially closed at Alert Level 3 with the exception of those few children whose parents and carers must leave home to go to work at Alert Level 3, and there is no appropriate caregiver at home. Please keep your children at home unless you are an essential worker who needs to go to work and has no appropriate care arrangement.

The form will close at 2pm on Friday 24 September to allow us time to organise teachers to supervise the Bubbles.

MANAGING STUDENT STRESS

Liz Hammelburg, Associate Principal/Senco, attended a webinar on student stress under Covid-19 with health professionals offering some good advice listed below. The pandemic can increase anxiety in children so parents, caregivers and teachers may notice a change or fluctuation in some behaviours. Lockdowns may also see an increase in screen time while exercise and nutrition can decrease for some of our tamariki. A process to follow if you are

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FOTS – Friends of the School Community Notices

concerned about the stress levels of your child is a Dashboard Warning Light three step system (picture a car petrol gauge).

1. Recognise changes in behaviours and avoidance issues. What is your child avoiding now that would not usually be a problem? (E.g. not attending zooms).
2. Acknowledge the stress, comment on it and name it for your child without judging.
3. Help your child to take action; to do one thing that is slightly out of their comfort zone. This might be the smallest step (or commitment) that they can make towards their goal. For example if they are avoiding a work task, their small step could be to spend two minutes working on that task. Next they might spend four minutes and so on.

There are some simple, practical actions you can do to help your child to begin to thrive again. The first step is to teach your child calm breathing techniques. You can find a range of these on the internet but one the professionals recommend is having your child trace their finger from one hand around the fingers of their other hand. As you go up a finger breathe in for five, as you go down breathe out for five.

After the School Term Break, we hope to be transitioning back to school. The advice from the professionals was to get the children back into a ROUTINE. They could not emphasise this enough.

- Aim to get your child/children back into a good routine two weeks before they are due to return to school.
- Ensure good sleep habits. Sleep is the biggest influence on anxiety and stress. This means regular bedtimes and earlier nights than they may have been having during lockdown.
- Children need good eating habits and nutritional food.
- Some regular exercise and some fresh air/outside time can be a positive mood changer. If eating lunch outside is all you can manage, that's a great start.
- Reduce anxiety by visiting school when we get to level 2.

Be patient, every step in the right direction, no matter how small is worth celebrating.

Please also visit [Melon Health](#) – it's a website for parents, students and schools with lots of practical advice, videos, resources and support.

Here is a short, but helpful and useful, video hosted by Dr Hinemoa Elder and Nathan Wallis with lockdown tips for whanau and communities:

- <https://parents.education.govt.nz/essential-information/covid-19-information-for-parents-and-whanau/lockdown-tips-with-dr-hinemoa-elder-and-nathan-wallis/>

TEACHER ONLY DAY (TUESDAY 26 OCTOBER – SCHOOL CLOSED)

A Teacher Only Day on **TUESDAY 26 OCTOBER** is set to proceed next term (this is the Tuesday following Labour Day). The Teacher Only Day is part of the Teachers Accord agreement with Minister Chris Hipkins as part of the Collective Agreement. This day is linked in with the other Mid-Bay Primary schools and Murrays Bay Intermediate School. Browns Bay School will be closed on this day. The Minister provided 8 Teacher Accord Days to be used before June 2022.

Peter Mulcahy
PRINCIPAL

UPCOMING EVENTS

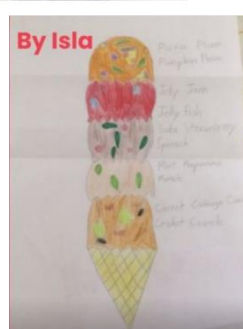
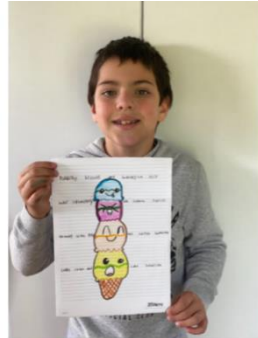
A full schedule of events for Term 3 and 4 2021 is available on our school website calendar with the most current events included in each newsletter.

Thursday 23 September - BOT Meeting - 6.30pm	Friday 01 October – Term 3 Ends – 3pm
Monday 18 October – Term 4 Starts	Monday 18 October – Life Education Van
Wednesday 20 October – Super Cluster Netball	Wednesday 20 October – Level 4 Waterwise
Monday 25 October - Labour Day (School Closed)	Tuesday 26 October - Teacher Only Day (School Closed)

SCHOOL EVENTS

ROOM 24 VARIOUS ACTIVITIES ABOUT ICE CREAM

Room 24 enjoyed completing various activities about ice cream including alliteration poems and making ice cream in a bag.

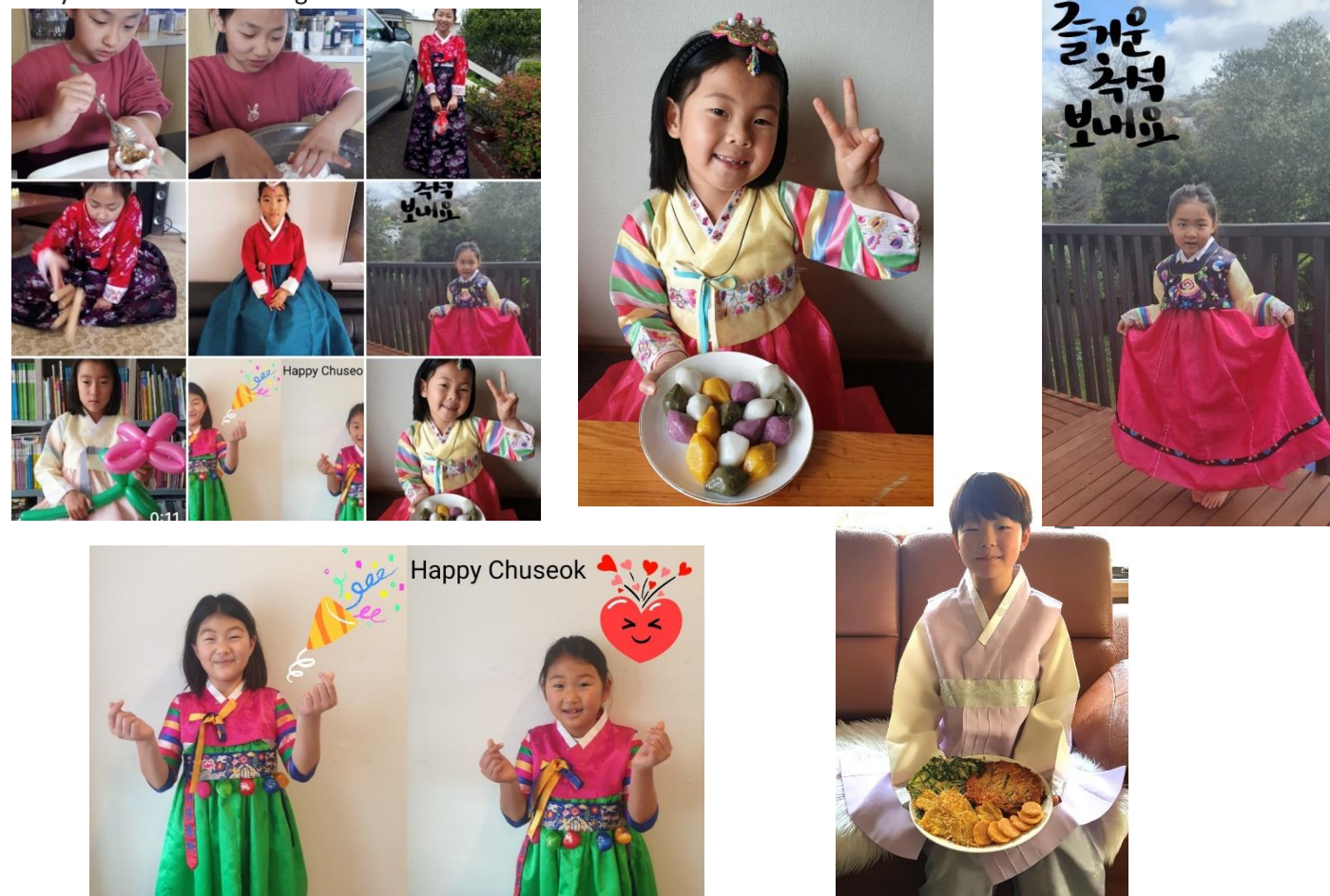
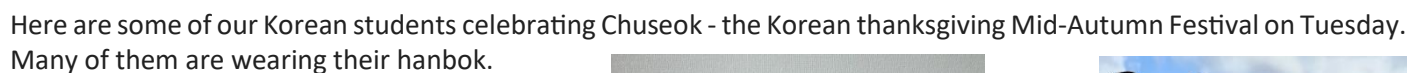


AWESOME DRESS UPS FOR CHARACTER BOOK WEDNESDAY

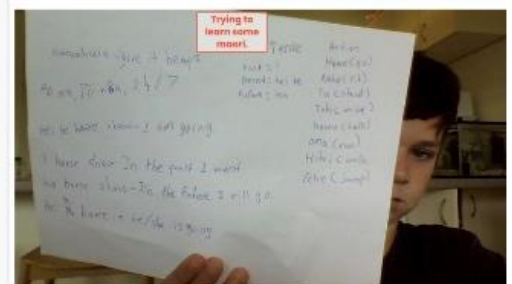
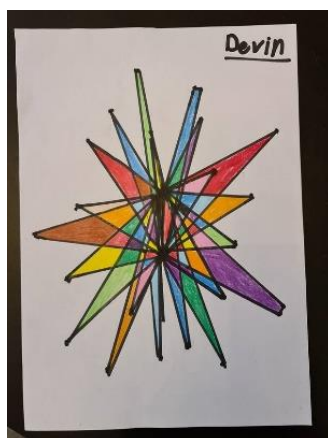
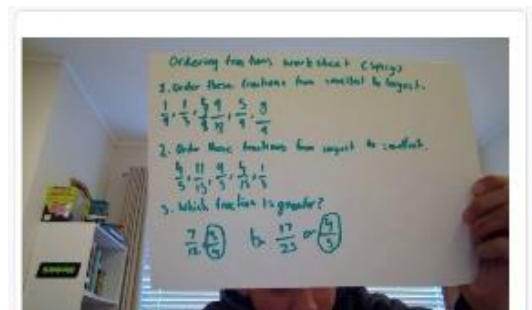
Year 1 had a dress up Wednesday where they dressed up as their favourite book characters and everyone had to guess which character they were and which book they were from. Lochy came to the zoom call as Maui, and Leonie came as Medusa.



Here are some of our Chinese students sharing the activities they have done to celebrate the Mid-Autumn Festival.



OUR STUDENTS AT HOME



HOW TO MAKE HOMEMADE SUSHI

THIS IS ME MAKING HOMEMADE SUSHI

←—————

WHAT YOU NEED
 SUSHI MOLD
 SUSHI RICE
 RICE COOKER
 SUSHI RICE VINEGAR
 SALT AND SUGAR
 SUSHI SEAWEEED SHEETS
 TUNA, CARROT, CRABMEAT AND
 TERIYAKI CHICKEN

Kei te pēhea koe?

harikoa



Kei te harikoa au.

happy





Pour milk and put paint on the milk.



Next, we put cotton tips in dish liquid.



After that, we dipped the cotton tips in the middle.



at the end, the colours spread out.



A tower as high as I am



Make a pattern



Make a pattern



PRODUCTION 2021

The Launch! page on the Studio website (accessed via classes on the school website) is updated constantly. All performers can check their performance group subpages. Everything is there for our performers to follow as they rehearse, practise and refine their skills in lockdown. Please do email me (karenw@brownsbay.school.nz) with any clips to share or questions to ask. Thank you so much for all the fabulous performance clips I have seen so far – they definitely brighten up these lockdown days. Karen Warren.



LIFE EDUCATION



A visit from the Life Education Mobile Classroom has been arranged for our Y0 – Y5 students. The classroom will be on site from 18 October for 3 weeks. The Life Education programme encourages children to adopt a healthy lifestyle with an emphasis on the things children are able to do to look after themselves. It aims to help children develop respect, understanding and appreciation of the human body. A Life Education Trust educator, Charlie Pollard, will work with us to teach some of those important health ideas. The sophisticated technology and equipment of the Life Education programme supplements and extends the resources that we are able to offer the children.

The following topics are being covered:

- Year 0/1 Relationships & Communities
- Year 2 Relationships & Communities
- Year 3 Identity and Resilience
- Year 4 Relationships & Communities
- Year 5 Foot & Nutrition

There is a cost involved in having this programme on site and a contribution of **\$7.00** per student would be appreciated to support the Life Education Trust. Part of this cost covers related activities that are valuable learning resources. We would appreciate payment of this by Wednesday 20 October.

Payment for this programme must be made via Kindo. Many thanks.

FOTS – Friends of the School

FOTS WINTER WONDERLAND DISCO – POSTPONED

We are extremely disappointed that the Lockdown has occurred just days out from the Term 3 Winter Wonderland Disco. At this stage we are considering this event postponed and we will be working to secure a new date. Once this date is set, payments already made will be honoured as long as the new date still suits you.



FOTS YEAR 3 AND YEAR 4 PIZZA DAY - POSTPONED

We are extremely disappointed that the Lockdown has occurred just before the Year 3 & 4 Pizza day. At this stage we are considering the event postponed and we will be working to secure a new date. Once this date is set, payments already made will be honoured as long as the new date still suits you.



CONTACT FOTS

If you would like to subscribe to our volunteer's mailing list, or if you wish to learn more please email fots@my.brownsbayschool.nz, or find us on Facebook www.facebook.com/Browns-Bay-School-Friends-of-the-School.

FACEBOOK Did you know we share a Facebook page with Browns Bay School? For news, photos, updates and event information, search www.facebook.com/Browns-Bay-School-Friends-of-the-School.





sKIDS
Safe Kids In Daily Supervision
Browns Bay
JUNIORS - 5 to 7 years

Holiday Programme

Full Day	07:00 a.m.-06:00 p.m.	\$56.00
Short Day	07:00 a.m.-03:00 p.m.	\$46.00
#On site Premium Day	07:00 a.m.-06:00 p.m.	\$64.00

CLOSED TODAY

Mon 04 Oct

Sorry, We're **CLOSED** due to COVID-19 restrictions

SORRY WE ARE CLOSED DUE TO LEVEL 3 RESTRICTIONS

CLOSED TODAY

Tue 05 Oct

Sorry, We're **CLOSED** due to COVID-19 restrictions

SORRY WE ARE CLOSED DUE TO LEVEL 3 RESTRICTIONS

Music Madness

Wed 06 Oct



Let your inner superstar shine today! Play karaoke with your friends, learn cool new dance moves, and make a cupcake microphone to eat!

Birthday Party!

Thu 07 Oct



Did you spend your birthday in Lockdown this year? Come and celebrate with us with a day full of party games, prizes, and a shared lunch!

Bake for Starship

Fri 08 Oct



Bake some treats and support Starship Hospital, as well as supporting our community by sharing some with the folks at Browns Bay Village

Lego Club

Mon 11 Oct



Show off your creativity with a day of Lego challenges! Team up with your friends to make cool creations, race Lego cars and win prizes!

#Cartooning

Tue 12 Oct



Come learn how to draw like a pro with Matt from Tree House Drawing! Create cool animals, like Bluey. How about a mighty dragon!

Scavenger Hunt

Wed 13 Oct



Join us for a day of adventures in Rotherway Bay! Enjoy a picnic lunch and complete the scavenger hunt with your friends to win prizes!

Skids Spring Fling

Thu 14 Oct



Welcome Spring with a day full of crafts and games! Create your own flowerpot friend to take home, and compete in games to win prizes!

PJ Party

Fri 15 Oct



It's the last day of the holidays so wear your PJ's and chill out with movies, crafts and yummy waffles for lunch!

BREAKFAST AVAILABLE BEFORE 8am, afternoon tea provided after 3pm. Please bring morning tea, lunch, water bottle, a hat and sunscreen and appropriate clothing for the days activities.

For more information, call +64-21384038 Or +64-221290050 or email brownsbay@skids.co.nz

Register now at www.sKIDS.co.nz click on

Parent Login

MSD-Approved
Work & Income NZ OSCAR Subsidy available!



sKIDS
Safe Kids In Daily Supervision
Browns Bay
SENIORS - 8 to 13 years

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SORRY WE ARE CLOSED DUE TO LEVEL 3 RESTRICTIONS

Movin' & Groovin'

Wed 06 Oct



The place will be pumping today! Sing along to the Karaoke, learn some Tik Tok dances, and make cupcake microphones to eat!

Birthday Party

Thu 07 Oct



It's a party for everyone & you're invited! Decorate cakes, games galore, balloon animals and more! Bring a treat for our shared party lunch

Bake it Better

Fri 08 Oct



Today we're baking up a storm and fundraising for Starship. We'll have a bake sale & share some treats with our friends at Aria Bay Village

Lawn Bowls

Mon 11 Oct



We're off to the Browns Bay Bowling Club so you can try your hand at lawn bowls! Have a blast, learn a new sport and challenge your mates!

Cartooning

Tue 12 Oct



Learn to draw like a pro with Matt from Tree House Drawing! Learn a variety of skills and themes including your fav characters and dragons!

Lego Legends

Wed 13 Oct



Are you a Lego Legend? We've got Lego galore for you to get creative! Compete in our Lego camps & win some cool prizes - Ready, set, LEGO!

Backyard Adventure

Thu 14 Oct



We are off on an adventure around Browns Bay! Enjoy a scavenger hunt, picnic lunch, sports, playgrounds, and hanging with your sKIDS mates!

Pjama Party

Fri 15 Oct



It's the last day off the holidays so wear your PJ's and chill out with movies, crafts and yummy waffles for lunch!

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FREE webinar for parents: Supporting at risk student groups in a mainstream setting

With Jenny Tebutt - Specialist Educator

Our next Free Parent Webinar will be held on Thursday 30th September at 7.30pm.

Parents are reporting they are getting a great deal of understanding from the course content below. The parent webinar topic is - "Understanding children's learning differences, setting up for success and supporting children with home learning."

- Understanding your child as a learner
- Understanding learning difficulties
- Specialist referrals
- Supporting at risk learners
- Literacy and supporting children with home learning
- Tutor reading /basic spelling activities
- Next steps for those who want more

To ensure we keep track of numbers, people can register by emailing their name and email address to admin@raisingachievement.co.nz. A link to attend the webinar is sent out once registrations are received.



**ECB
SOFTBALL**

JOIN WITH A FRIEND TO WIN

Register to play for ECB Softball with a friend and go into the draw to win an Easton E100T Gear Bag each.

Open to new registered players

Register by 30 Oct
prize drawn 14 Nov

For promotion details with terms and conditions visit: www.ecbsoftball.org.nz



'We're working together to grow great kids'
E mahi tātou ki te whakatupu ake i a tātou tamariki

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FAMILIES

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Creating Connections

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